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Vbeam

Vbeam Treatment Info

Vbeam safely and effectively treats rosacea, broken blood vessels, and other vascular and pigmentation concerns such as poikloderma, port wine stains, and facial veins. The Vbeam uses Pulsed Dye Laser technology to deliver an intense yet gentle burst of light into targeted areas of the skin. There it is absorbed by the blood vessels, safely treating the condition. Many patients notice results right away.

Side Effects

The intensity and duration of your side effects depends on the treatment aggressiveness and your individual healing characteristics. These side effects usually last up to a few days after treatment.

- **Swelling:** You will notice most of the swelling the first morning after treatment, particularly under the eyes. Swelling usually lasts two to three days. To minimize swelling:
 - Apply cold compresses
 - Sleep elevated the first night. Use as many pillows as you can tolerate.
 - Taking an antihistamine before bed (Claritin or Zyrtec) may also decrease swelling.

- **Redness:** Most redness resolves within the first few hours of after treatment, but a rosy 'glow' can remain for several days. If you wish you can apply makeup immediately after treatment to minimize the appearance of redness.

- **Pain:** Tylenol may be taken to reduce the pain if necessary.

- **Crusting/Scabbing:** If a crust or scab develops allow it to fall off on its own. Do not pick or scratch the area. Keep it moist with Aquaphor or Vaseline until the crust falls off.

Aftercare Instructions

- **Avoid Excessive Heat:** Showering is permitted. However, activities that heat the skin such as going in a hot tub/jacuzzi/sauna or very strenuous exercise are not recommended for 2 days post-treatment.

- **Skincare Products:** Use gentle skincare products that are non-irritating/non-clogging for one week. Avoid scrubs, toners, acids, retinoids, bleaching creams, and hydroquinone until your skin is healed.
- **Sunscreen:** Apply and re-apply sunscreen daily as needed. Sunscreens should be mineral-based (containing zinc or titanium), SPF 30+, and broad spectrum (UVA and UVB). If you know you will be in direct sunlight take additional protective measures by wearing a hat and protective clothing.

If you have any questions or concerns we are here for you. Call or text our office at 415-839-8118.